



Caribbean-American For Community Involvement in Florida, Inc.
Our mission is to enhance, maintain and sustain the quality of life for the community consistent with the culture and traditions of our diverse ancestral heritage.

Caribbean-American for Community Involvement in Florida, Inc.

32nd Annual Friendship Ball

Roaring Through the 2020s

WITH
FORTITUDE AND COMMITMENT
TO A DIVERSE COMMUNITY

Saturday, September 16, 2023

7 pm - 1 am

Dinner Served at 8 pm

ENTERTAINMENT
featuring

DJ Donovan



& Much More

\$100

Advance Ticket Sales Only | Cash Bar

SEMI-FORMAL | DOOR PRIZES | RAFFLE

WEST PALM BEACH MARRIOTT

1001 Okeechobee Boulevard

West Palm Beach, FL 33401



For more information or to purchase tickets | www.cafcipbc.org

Dennis Wright * 561.653.1586

Alvin Nembhard * 561.670.8113

Audrey Smith * 561.601.8856

Lawrence Logan * 561.791.0162

CAFCI * 561.790.4002 or cafci@bellsouth.net



BOARD OF DIRECTORS

OFFICERS

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Budget Radcliffe Brown
Bylaws Barbara Walker
CAFCI Home..... Radcliffe Brown
Cultural Hildreth Stoddart-Brown
Finance Genieve White
Grants Shirley Morrison
Historian/Protocol..... Rhonda Ferrin-Davis
Membership Audrey Smith
Newsletter Junette Powell
..... & Thalia White Lauren
Parliamentarian..... Nadine White-Boyd
Picnic Diana Bishop-McIntosh
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..... & Nadine White-Boyd
Sunshine Paul Baker
Toys for Tots Lauriston Simms
Venue/Reservations..... Lawrence Logan
Ferrin Memorial Scholarship Fund.....
..... Genieve White
Website Radcliffe Brown
Youth Rhonda Ferrin-Davis

CONTACT US

Caribbean-American For Community Involvement
675 Royal Palm Beach Boulevard
Suite #134
Royal Palm Beach, FL 33411
561.790.4002
cafcib@bellsouth.net * www.cafcibpc.org
www.facebook.com/cafcibpc

General Membership Meetings
2nd Saturday of the month

Board Meetings - 4th Thursday of the month
See back page for calendar of events.

PRESIDENT'S MESSAGE

I am seeing and hearing interest expressed in our organization by people who attended our functions such as the tea party, picnic and cultural day events. They are asking how they can join and volunteer on some of CAFCI projects. This is a positive turn of events coming out of the COVID years. We are following up on all who expressed interest and asking them if they would like to join a committee when they sign up for membership. The School Board of Palm Beach County reached out to CAFCI to see if we would be interested in hosting teachers from the Caribbean coming into Palm Beach School system to give them information about the area, places that they can visit and things to do. They will follow up with us and provide training and guidance.

STUDENT ASSISTANCE FUND: Thanks to the generosity of our members, friends and supporters and other champions for education, we were able to give awards to eight bright and ambitious Palm Beach County graduating students. Special thanks to Nadine White-Boyd and Junette Powell, Student Assistance Committee co-Chairs, and their committee: Doreen Baker, Lavern Blackwood, Leonie Escoffery, Doreen Grayson, Norma Smith-Hill and Marva Wilkes for all their hard work in soliciting and raising funds, for selecting the recipients and for making the evening another memorable one.

ANNUAL FRIENDSHIP BALL, September 16: The Ball and Journal Committees are working hard to complete the planning and preparation for this year's Annual Friendship Ball which will be held at the West Palm Beach Marriott. As most members know, this is our major fundraising event for the year and proceeds are used to fund many of our programs, including Student Assistance. We are requesting that you support this event by soliciting ads for the ball journal and selling tickets. Please see details on the upcoming ball (including the advertising forms) elsewhere in this newsletter.



Dennis Wright



JULY 16 - 31

Lascelles Harris	16
Max Smith	16
Bernice Morgan	17
Hugh Walters	18
Florence Osbourne	21
Lavern Blackwood	22
Mark Morrison	24
Loretta Watson	24
Thalia White Lauren	26
Sheena Bouchét Simmons	30
Alliseen Kelly-Rambeau	31

AUGUST 1 - 15

Sam Roman	03
Juliette Bramwell	04
Larry Buck	04
Nigel Chariton	04
Karlene Stephenson	14
Barbara Walker	15
Genieve White	15

If you are a CAFCI member and notice that your birthday or the birthday of another member has not been acknowledged, please send us an email to CAFCI (cafcib@bellsouth.net) and we will update the birthday list. We apologize for any oversight.

GET WELL TO:

Audrey Smith

CONDOLENCES TO:

Lorianne Cabrera and
Rhonda Ferrin-Davis

on the loss of their uncle, Felix McLymont

Elet Cyris

on the loss of her aunt, Marion Miller

Patricia Forde

on the loss of her aunt, Luisa Headly

Clover Henry-Gilroy

on the loss of her sister, Victoria Kirby

Genieve White, Nadine White-Boyd and

Thalia White Lauren on the loss of their

cousin, Thomas "Tony" Lee-Hue

Loreta Watson

on the loss of her uncle Noel Smith

Please Let Us Know...

We want our members to know that we, the Board and Sunshine Committee, are always here to support you. Please contact (or ask someone else to contact) one of our Sunshine Committee members if

- you are ill or know of any CAFCI member who is ill or
- you have or know of a close family member of a CAFCI member who is ill or
- you have, or know of a CAFCI member who has, lost a family member.

Remember, if we are not notified, we cannot share it in the Newsletter.

Elet Cyris, Chair 561.791.9087

Paul Baker 561.784.0067

Samuel Baxter 561.358.3737

GENERAL MEMBERSHIP MEETING

Business Awareness

Saturday, July 8, 2023 at 7 pm

IN-PERSON & VIA ZOOM

Strathmore Gate West Clubhouse

100 Indianhead Circle, Royal Palm Beach

The General Membership meeting will be dedicated to business awareness. Come out and show your support for our members and friends and learn about their businesses. If you have a business that you would like to showcase, please contact Barry at 561.309.8795.

IN-PERSON:

Strathmore Gate West Clubhouse is located off Okeechobee Boulevard. Heading west, it is the last left before Crestwood Boulevard. Heading east on Okeechobee Boulevard, cross over Crestwood Boulevard and it is the first right which is Ridgefield Drive. At the end of Ridgefield Drive, make a right on Indianhead Circle and an immediate left into the clubhouse parking lot.

VIRTUAL:

- Visit website: www.cafcipc.org Select "Enter Zoom Meeting" OR
- Click on link or copy and paste link in your browser: <https://us02web.zoom.us/j/85318987422?pwd=dllLNER0a2JuNIhtYUZIYkZzYmRSdz09> OR
- www.zoom.com Select "Join A Meeting"
Meeting ID: 853 1898 7422 | Password: 478705
- Call-In: +1 646 558 8656
Meeting ID: 853 1898 7422 | Password: 478705

CAFCI 32nd ANNUAL FRIENDSHIP BALL

Saturday, September 16, 2023 at 7 pm
West Palm Beach Marriott

The excitement is building as we prepare for CAFCI's 32nd Annual Friendship Ball to be held at the West Palm Beach Marriott. The Ball Committee is working hard to put everything in place for a successful event. Please be sure to save the date and get your tickets early from a CAFCI member or on the website. Look out for more details on the CAFCI website (cafcipc.org) and in this and future issues of the newsletter.

BALL JOURNAL AD SOLICITATION & SUPPORT: The Journal Committee is asking all members and friends to assist with the solicitation of ads for the journal. You can also place a member message to be included in the Ball journal. Forms detailing Ball support opportunities (sponsorship, advertising and member message) are included in the newsletter and is available on CAFCI's website. For more information, please contact Genieve White at 561.876.4161, Audrey Campbell at 561.792.1129 or Audrey Smith at 561.601.8856.

WELCOME NEW MEMBERS
Jennifer Powell-Pittman and William Pittman
Max Smith



**CAFCI
GENERAL MEMBERSHIP MEETING
SATURDAY, JULY 8, 2023**

BUSINESS AWARENESS

*Join us for a night of
supporting our members
and learning about their businesses.*

**Saturday July 8, 2023 @ 7pm
Strathmore Gate West Club House
100 Indianhead Circle
Royal Palm Beach**

If you have a business that you would like to share, please call Barry at 561.309.8795.

OUR CHILDREN ARE OUR FUTURE

CAFCI and the Student Assistance Fund (SAF) Committee would be honored to recognize the accomplishments of its members and/or their relatives. Please share your good news with us and we will publish as space permits.

Congratulations

Melissa Wright, daughter of Dennis and Yvonne Wright
on being promoted to Senior Director, Data and Policy, City of Philadelphia



Melissa Wright
Senior Director, Data and Policy,
City of Philadelphia

Melissa Wright / Jared Gruenwald, Left-Eyed Studios

Like the rest of her “numbers family,” Melissa Wright was good at math. But that didn’t stop her Jamaican immigrant parents from worrying that her passion for social justice would lead to a career of noble poverty. “My parents were always joking, ‘We’re going to have to support you forever,’” recalled Wright.

Fortunately, that didn’t happen. Wright now combines her quantitative and empathetic abilities as Philadelphia’s director for data and policy, “telling the stories behind the numbers,” as she puts it. At the Office of Economic Opportunity, she works with minority, disabled and other underrepresented Philadelphia business owners seeking city contracts. “I’ve spent a lot of time thinking about equity in all my work,” reflected Wright, who previously collaborated on progress report data for the School District of Philadelphia.

That work also includes leadership with the League of Women Voters, where Wright heads the Philadelphia chapter, combatting voter apathy through programming that gives voters the local angle on Harrisburg. The onetime Fordham economics major is also the league’s state treasurer – “the less sexy role,” joked Wright.

In all her work, Wright aims for influence that doesn’t take sides. “When you’re advocating for equity across issues, one of the levers that you can pull is policy,” she said. “And in today’s world, so often, we are missing that nonpartisan lens.”

<https://www.cityandstatepa.com/power-lists/2023/06/2023-philadelphia-forty-under-40/387782/#melissa-wright>

STUDENT ASSISTANCE FUND

Empowering Youth & Investing In Our Future

For more information, visit the Student Assistance Program section on CAFCI’s website at

<https://www.cafcipc.org/studentassistanceprogram> or contact

Nadine White-Boyd at 561.351.6895 or Junette Powell at 561.346.2353



CAFCI CONGRATULATES CLASS OF 2023 GRADUATES!

On behalf of the Board of Directors and CAFCI’s Student Assistance Fund Committee, congratulations to all CAFCI members with relatives who have graduated or will be graduating from high school, college, university or institute of higher learning.

CAFCI Awards Nine Scholarships to High School Students at the 30th Annual *Students Assistance Fund Awards Ceremony*

Caribbean-American for Community Involvement in Florida, Inc. (CAFCI) held its 30th annual Student Assistance Fund Award Ceremony on Saturday, June 17, 2023 at the Original Wellington Mall. Eight students each received an award of \$1,500 and one student received an additional \$500 as CAFCI's Junior Citizen awardee.

The ceremony was emceed by Leonie Escoffery, Speech professor at Palm Beach State College for 26 years. Award recipient, Ryan Rose, opened the ceremony with a beautiful instrumental rendition of the National Anthem. The ceremony was attended by the recipients' families and friends, CAFCI's family and friends, District 6 Palm Beach School Board member Marcia Andrews, Village of Royal Palm Beach Mayor Fred Pinto, Village of Royal Palm Beach Councilman Jeff Hmara, Village of Royal Palm Beach Councilwoman Selena Samois, Village of Royal Palm Beach Councilman Richard Valuntas and Port of Palm Beach Commissioner, Deandre Poole, PH.D. (Secretary/Treasurer).

The theme "Empowering Youth & Investing In Our Future" was at the forefront of the evening's ceremony as each speaker and presenter acknowledged the educational and personal challenges faced by the students and congratulated them in maintaining academic excellence while giving back to the community. Village of Royal Palm Beach Mayor Fred Pinto congratulated the recipients encouraging them to keep forging ahead while remaining focused. School board member Ms. Marcia Andrews congratulated the recipients on excelling as she recalled the remarkable graduation ceremonies a few weeks earlier where she witnessed them turning their tassels signifying the next chapter of their lives. She thanked them for all they have done so far to make a difference in the world and encouraged them to put God first.



Keynote Speaker, Ijahala Pottinger

Keynote speaker, Ijahala Pottinger, a 2016 CAFCI award recipient and Brown University graduate who will be attending Columbia Law in the fall, provided a thought provoking inspirational relatable message to the recipients to motivate them as they embark on the next phase of their life. She encouraged them to look at and acknowledge their accomplishments so far, including earning the

award to help towards their future goals.

The awards were presented to the recipients followed by CAFCI member Lori Cabrera's serenading them with "I Believe".

Congratulations to these eight outstanding Palm Beach County high school seniors who received Student Assistance Fund awards for educational excellence and exemplary community and civic service.



Ferrin Student Leadership Award presented to **Jada Appolon** who will be attending Florida State University to pursue a career path as a Federal Agent.



Jess & Victoria Santamaria Award presented to **Miguel Benavente** who will be attending Florida Atlantic University and intends to pursue a career path as a physician.



CAFCI Award presented to **Marisha Civil** who will be attending Palm Beach State College to pursue career as a Nurse Practitioner.



Audrey C. Martin Award presented to **Ethan Elliott** who will be attending the University of Florida to pursue a career as a computer scientist.



Amanayea Abraham Award presented to **Christy Pierre Louis** who will be attending Hillsborough Community College to pursue a career as a Forensic Medical Examiner.



Ann Johnson and Cislyn Bennett College Scholarship Award presented to **Marlina Hutchinson** who will be attending University of Florida to pursue a career path in Occupational Therapy and Health Education.



Gloria Edwards Award presented to **Ryan Rose** who will be attending Drexel University to pursue a career as an architect.



Michelle and Robert Diffenderfer Award presented to **Shia Rozier** who will be attending North Carolina Agricultural and Technical State University to pursue a career in Political Science and Public Relations.

Congratulations to **Ethan Elliott** who also received CAFCI's Junior Citizen award for his volunteer service to CAFCI.

CAFCI Students Assistance Fund Awards Ceremony (cont'd)



1st Row: Marcia Andrews, Deandre Poole, Ph.D., Ijahala Pottinger, Christy Pierre Louis, Marisha Civil, Jada Appolon, Shia Rozier
2nd Row: Ryan Rose, Nadine White-Boyd, Marlena Hutchinson, Miguel Benavente, Ethan Elliott
3rd Row: Doreen Grayson, Leonie Escoffery, Doreen Baker, Lavern Blackwood, Norma Smith-Hill

CAFCI is a 501(C)(3) organization committed to volunteerism and social activities, with special emphasis on our youths and senior citizens. It functions as a resource center and information clearing house for individuals of the Caribbean-American community. The organization's annual affairs



continue to serve and help the social, educational and health needs of the community. CAFCI was founded by a group of residents in an effort to enhance, maintain and sustain the quality of life for the community, consistent with the culture and traditions of our ancestral origins. The organization

was incorporated as a non-profit corporation under the provisions of Chapter 617 of Florida Statutes on August 13, 1999. CAFCI is proud to have awarded over \$243,500.00 to 233 Palm Beach County high school seniors over the past 30 years.

For more information about CAFCI please call 561-790-4002 or visit the website at www.cafcipc.org. The video with thank you message from the 2023 recipients and congratulatory message from past recipients can be viewed on CAFCI's website <https://www.cafcipc.org/2023studentassistancevideo>



Richard Valuntas, Selena Samois, Fred Pinto, Marcia Andrews, Jeff Hmara, Deandre Poole, Ph.D.

Thanks to all donors and sponsors who continue to make it possible for CAFCI to award deserving students with funds towards their studies. The list of 2023 donors and sponsors to the Student Assistance Fund can be viewed at www.cafcipc.org.

Thank you to the Student Assistance Fund Committee Members: Doreen Baker, Lavern Blackwood, Leonie Escoffery, Doreen Grayson, Norma Smith-Hill, Marva Wilks and chaired by both Junette Powell and Nadine White-Boyd, Esq.

HAPPY PARENT'S DAY

July 23

Where would we be without our parents, the people who loved us even before we were born? They do so much for us every day of our young lives and the love doesn't stop once we're adults. That's why it's good to honor them on their special day, National Parents' Day July 23, celebrated on the fourth Sunday in July.

While Mother's and Father's days were first officially celebrated in the early 1900s, (and National Grandparents Day has already celebrated its 50-year anniversary); National Parents' Day wasn't established until 1994. That's when President Bill Clinton signed a Congressional Resolution "recognizing, uplifting, and supporting the role of parents in bringing up their children." Well said!

Source: <https://nationaltoday.com/national-parents-day/>

THANK YOU



2023 DONORS & SPONSORS

THANK YOU FOR YOUR FINANCIAL SUPPORT AND COMMITMENT TO
CAFCI'S STUDENT ASSISTANCE FUND

ROBERT W. BAIRD & CO. INC.

DOREEN AND PAUL BAKER

LARRY BERNSTEIN

LAVERN BLACKWOOD

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"WOODY" BROWN

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*THE ESCOFFERY FAMILY

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*THE MARTIN FAMILIES

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HON. JOSEPH ANDERSON AND
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JUNETTE AND NEIL POWELL

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OPAL SANGSTER

*VICTORIA AND JESS SANTAMARIA

FAE SMITH

RICHARD VALUNTAS

CHRISTINA VAZQUEZ

BARBARA WALKER

ALVA WEATHERS

GENIEVE WHITE

WHITE-BOYD LAW, P.A.

NADINE V. WHITE-BOYD, ESQ.

* DONATIONS OF \$1,000 OR MORE



SPECIAL THANKS TO KAREEM GORDON FOR PUTTING TOGETHER THE STUDENTS' THANK YOU AND CONGRATULATIONS VIDEO. THANKS TO THE STUDENT ASSISTANCE FUND COMMITTEE FOR THEIR DEDICATION AND INVESTMENT TO CAFCI: DOREEN BAKER, LAVERN BLACKWOOD, LEONIE ESCOFFERY, DOREEN GRAYSON, MARVA WILKES, NORMA SMITH-HILL, JUNETTE POWELL (CO-CHAIR) AND NADINE WHITE-BOYD (CO-CHAIR).

CAFCI Scouts BSA Troop 111

Hello Summer!

June has brought fun and sun to Troop 111! Our scouts enjoyed our annual week at Tanah Keeta Summer Camp and have returned with stories and memories to share that will last a lifetime! Thank you to Mrs. Cabrera and all the parents who either helped with decorations, costumes or who gave up their time to stay with us at camp. We truly appreciate all that they did to make Summer Camp fun and exciting for us. Throughout the week we received many compliments as we were able to show others that "Troop 111 Does Camp Right"! From Florida Tourist Day to Decades Day..., Troop 111 rocked it with our daily themed costumes and props! Some of the scouts spent a day at the Kennedy Space Center while the rest created a cardboard boat masterpiece that didn't sink and won "Best Design" overall! The rest of the time was spent making friends and working on our merit badges! Thank you to all of the parents for coordinating our traditional potluck family meal and attending our award ceremony. Troop 111 received many honors from the Tannah Keeta camp staff including Gold Honor Troop, The Cleanest Campsite Award, and The TK Troop of the Week Award, which came along with a wooden engraved canoe paddle for which we will find the perfect place for all to enjoy!

Congratulations to William Hicks for finishing up his Eagle Scout project with his delivery of the benches that we made for his beneficiary. We still have 3 scouts currently working toward their Eagle with two projects scheduled to be completed in July.



Several scouts and leaders will be doing our annual away campout in Raven's Knob, North Carolina while another group will be traveling to Philmont, New Mexico. We have been training hard for this BSA High Adventure and are looking forward to the experience and bringing home many stories to share!

We are excited to make this last month of summer vacation one to remember!

Yours in Scouting,
Jackson Eubanks
Troop 111, Senior Patrol Leader



Lucas Schnick Baker,
Micah Johnson



Troop 111 (throughout the photo): Keenan Stack, Kirill Montoya, Lucas Schnick Baker, Mason Scott, Caleb McNally; others are from different troops.



Front: Keenan Stack (kneeling), Kirill Montoya, Giancarlo Ortega, Jackson Eubanks, Haroon Almasoodi, Robert Lombardo, Daniel Grayson
Back: Ms. Pfister, Caleb McNally, Mohammed Almasoodi, Micah Johnson, Lucas Schnick Baker, Mason Scott, Jonathan Schnick Baker, William Hicks



Jackson Doeren (kneeling), William Hicks, Mohammed Almasoodi, Jonathan Schnick Baker, Jackson Eubanks



Jackson Doeren, Haroon Almasoodi, William Hicks, Jackson Eubanks, Kirill Montoya, Daniel Grayson, Lucas Schnick Baker



Front: Giancarlo Ortega, Daniel Grayson, Kirill Montoya, Keenan Stack, Robert lombardo, Mason Scott
Back: Mohammed Almasoodi, Jackson Eubanks, William Hicks, Jackson Doeren, Haroon Almasoodi, Micah Johnson, Caleb McNally

WAYS TO SUPPORT CAFCI . . . WE NEED YOU!!!

CAFCI website: <https://www.cafcipc.org/donation-center>

GoFundMe: Visit <https://gofund.me/7319cf9a> • Please share with your friends and family.

HAVE YOU JOINED OR RENEWED YOUR MEMBERSHIP TO CAFCI???

2023 MEMBERSHIP DUES (Single - \$60 • Couple - \$100)

Submit your membership dues online at: <https://www.cafcipc.org/membership-dues> OR

Mail to: CAFCI Attention: Lawrence Logan,

675 Royal Palm Beach Boulevard, Suite #134, Royal Palm Beach, FL 33411

A For C.A.F.C.I.



The Finance Committee continues to work on a business plan to be presented to the Board for discussion and approval. We are also working with an organization that provides loan funding to community groups for building and other capital related programs. They will assist us in putting things in place that will make it easier to get a loan or to have financing in place prior to finding a place.

If you have information about potential investor(s) who may be able to help with funding, share your ideas or provide information about available property, email cafcipc@bellsouth.net, copying radcliffewoody@aol.com or call 561.790.4002 and leave a message.

Participation in the **Home of Our Own** project is available through the **Buy-A-Brick** program. Visit the web page at www.cafcipc.org and click on the "Home of Our Own" tab or call Radcliffe "Woody" Brown at 561.791.3344 for more information. **We have made it easier to take part in the program by facilitating monthly payments to buy a brick. Monthly payments of \$50 for a \$1,000 brick and \$150 for a \$3,000 brick are available.**

Submitted by Radcliffe "Woody" Brown, CAFCI Home Of Our Own Chair

CAFCI'S VALUES STATEMENT:

Caribbean American for Community Involvement acknowledges and honors the fundamental value and dignity of all individuals and pledges itself to creating and maintaining an environment that respects diverse traditions, heritages, and experiences. We believe in giving a voice to all people and respecting all people regardless of ethnicity or socioeconomic background.

We support the participation in and promotion of events that lead to respect and mutual understanding among the various cultural, ethnic and socioeconomic groups in our community. We believe in promoting honesty and integrity by being transparent in all our dealings, having fun and fellowship with each other while volunteering and caring for the young and elderly and helping those in need.

DISCLAIMER: The views and opinions expressed in this newsletter are not necessarily the views and opinions of CAFCI's members and/or the Newsletter Committee members.

CAFCI MEMBERS.....If you would like to share any accomplishments of close relatives (eg. child, grandchild, niece and/or nephew) with your CAFCI Family in the "Our Children Are Our Future" section of the NEWS, please provide the information to Paul Baker (email: ujama4@aol.com or phone 784-0067). If there is any other information you would like to be included in the NEWS, please submit information to Junette Powell (junettep56@gmail.com).

IMPORTANT: Include "CAFCI NEWS" in the subject line when sending e-mails. Inclusion of articles submitted will be at the discretion of the Newsletter Committee and based on space availability.

Caribbean-American for Community Involvement in Florida, Inc.

32nd Annual Friendship Ball

ROARING THROUGH THE 2020s WITH FORTITUDE AND COMMITMENT TO A DIVERSE COMMUNITY

Saturday, September 16, 2023 at 7 pm

West Palm Beach Marriott

1001 Okeechobee Boulevard • West Palm Beach, FL 33401

MEMBER MESSAGE

NAME	DATE
ADDRESS	
CITY, STATE, ZIP	
PHONE	
E-MAIL	
COMMENT	

BE A PART OF CAFCI'S HISTORY BY PLACING YOUR PERSONALIZED MESSAGE IN THE 2023 BALL JOURNAL.

MESSAGE (text only – max. 20 words)
\$25

BUSINESS CARD SIZE MESSAGE (2" x 3 1/4")
\$75

Examples of personalized message:

- * We salute and congratulate CAFCI on their commitment to the community
- * Congratulations on Graduation, Newborn, Engagement, etc.
- * In loving memory of
- * Birthday greetings to

Message

Submit message and image (if applicable) to cafci@bellsouth.net.

Include "CAFCI 2023 BALL Message" in the Subject line.

All messages due on or before July 31, 2023.

METHOD OF PAYMENT

Check or money order payable to: **CAFCI**

Attn: Sponsorship & Journal Committee, 675 Royal Palm Beach Blvd, Ste. #134 Royal Palm Beach, FL 33411

OR

Pay Online by PayPal/Credit Card (*additional charges apply*)

www.cafcipbc.org/annual-friendship-ball



CAFCI

675 Royal Palm Beach Boulevard • Suite #134 • Royal Palm Beach, FL 33411

www.cafcipbc.org • E-mail: cafci@bellsouth.net • Phone: 561.790.4002

A 501(c)(3) Organization - (EIN #65-0965408)

Caribbean-American for Community Involvement in Florida, Inc.

32nd Annual Friendship Ball

ROARING THROUGH THE 2020s WITH FORTITUDE AND COMMITMENT TO A DIVERSE COMMUNITY

Saturday, September 16, 2023 at 7 pm

West Palm Beach Marriott

1001 Okeechobee Boulevard * West Palm Beach, FL 33401

July 6, 2023

Dear Prospective CAFCI 2023 Ball Supporter

CAFCI's 32nd Annual Friendship Ball will be held on **Saturday, September 16, 2023 at 7 pm** at the West Palm Beach Marriott. The theme for this premier event is ***Roaring Through the 2020s with Fortitude and Commitment to a Diverse Community***. This event attracts a large cross section of Palm Beach County and its neighboring counties. Proceeds from the Ball are earmarked for our Student Assistance Fund and community outreach programs such as the Annual Martin Luther King, Jr. Day Celebration, Cultural Diversity Day as well as other events that benefit the community at large.

Please consider supporting this worthy cause by becoming a Sponsor or purchasing an advertisement in our Annual Friendship Ball Journal. The Ball Journal recognizes our sponsors and advertisers as well as showcases the programs that CAFCI continues to produce in service to our community. The circulation of the Journal provides our sponsors and advertisers significant recognition and visibility on our website and at the Ball. Sponsorship & Support Opportunities as well as Advertising Request Forms are available online at www.cafcipc.org/annual-friendship-ball and are also enclosed.

We extend an invitation to you, your staff, family and friends to attend the Friendship Ball. You may purchase tickets (\$100 each) or make a donation via our website at www.cafcipc.org/annual-friendship-ball. If you have any questions or would like to purchase tickets, you may also contact CAFCI's office at 561.790.4002 or cafcipc@bellsouth.net or any of the persons listed below:

- Genieve White, Sponsorship Committee Chair: 561.876.4161; gen_white@msn.com
- Dennis Wright, President: 561.653.1586; denban22@aol.com

Your support would be very much appreciated. Please respond by **July 31st**.

We look forward to hearing from you soon.

Sincerely,



Dennis Wright
President

Attachments



Genieve White
1st Vice-President/Sponsorship Committee Chair



CAFCI

675 Royal Palm Beach Boulevard • Suite #134 • Royal Palm Beach, FL 33411

www.cafcipc.org • E-mail: cafcipc@bellsouth.net • Phone: 561.790.4002

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32nd Annual Friendship Ball

ROARING THROUGH THE 2020s WITH FORTITUDE AND COMMITMENT TO A DIVERSE COMMUNITY

Saturday, September 16, 2023 at 7 pm

West Palm Beach Marriott

1001 Okeechobee Boulevard * West Palm Beach, FL 33401

JOURNAL ADVERTISEMENT REQUEST

COMPANY	
CONTACT NAME	
ADDRESS	
CITY, STATE, ZIP	
PHONE	
E-MAIL	
WEBSITE	
SIGNATURE	DATE
CAFCI REP. SIGN.	DATE
COMMENT	

Please select (✓) the type of advertisement and complete the Payment and Setup Section below. Retain a copy of this document for your records. Submit camera ready ad electronically to cafcipbc@bellsouth.net. Include "CAFCI 2023 BALL AD" in the Subject line. **All advertisements are due on or before July 31, 2023.**

SELECT	TYPE OF ADVERTISEMENT	PRICE
	Outside Back Cover (8½" x 11")	\$700
	Inside Back Cover (8½" x 11")	\$650
	Inside Front Cover (8½" x 11")	\$650
	Full Page (8½" x 11")	\$500
	Half Page (5½" x 8 ½")	\$275
	Quarter Page (4 ¼" x 8½")	\$150
	Business Card (2" x 3 ¼")	\$80

PAYMENT	
Ad Price Selected	\$
Additional Set-up Charges (if applicable)	\$
- Business Card: \$15 min.	
- ¼ Page: \$20 min.	
- ½ Page: \$25 min.	
- Full Page: \$35 min.	
Additional Tax-Deductible Donation	\$
TOTAL PAYMENT	\$

METHOD OF PAYMENT
Check or money order payable to: CAFCI Attention - Sponsorship & Journal Committee 675 Royal Palm Beach Boulevard, Suite #134 Royal Palm Beach, FL 33411
OR
Pay Online by PayPal/Credit Card www.cafcipbc.org/annual-friendship-ball (additional charges apply)
<i>Journals are available upon request and based on availability, following the event.</i>



Caribbean-American for Community Involvement in Florida, Inc.

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SPONSORSHIP AND SUPPORT OPPORTUNITIES

COMPANY	
CONTACT NAME	
ADDRESS	
CITY, STATE, ZIP	
PHONE	
E-MAIL	
WEBSITE	
SIGNATURE	DATE
CAFCI REP. SIGN.	DATE
COMMENT	

GOLD SPONSOR:

\$5,000 or more

- ★ Six (6) tickets for the Annual Friendship Ball
- ★ Full page color sponsorship ad* in Ball Journal
- ★ Recognition in video presentation at the Ball
- ★ Ball Journal recognizing sponsorship on CAFCI's website for one year with direct link to sponsor's website

Please submit full color ad by July 31st to cafcibellsouth.net.

SILVER SPONSOR:

\$2,500

- ★ Four (4) tickets for the Annual Friendship Ball
- ★ Full page color sponsorship ad* in Ball Journal
- ★ Recognition in video presentation at the Ball
- ★ Ball Journal recognizing sponsorship on CAFCI's website for one year

Please submit full color ad by July 31st to cafcibellsouth.net.

BRONZE SPONSOR:

\$1,000

- ★ Two (2) tickets for the Annual Friendship Ball
- ★ Full page color sponsorship ad* in Ball Journal
- ★ Recognition in video presentation at the Ball
- ★ Ball Journal recognizing sponsorship on CAFCI's website for one year

Please submit full color ad by July 31st to cafcibellsouth.net.

SUPPORT

I/We would like to support CAFCI's Annual Friendship Ball and its mission with a contribution of:

- \$500 \$250 \$100
 \$ _____

You may also donate on-line at <https://www.cafcipbc.org/annual-friendship-ball>.

BALL TICKETS

I/We would like to purchase

_____ tickets at \$100 each.
 _____ table of ten (10) for \$1,000.

Ball tickets are also available on-line at <https://www.cafcipbc.org/annual-friendship-ball>.

PAYMENT

Check or money order payable to: **CAFCI**
 Attn: Sponsorship & Journal Committee
 675 Royal Palm Beach Blvd., Suite #134
 Royal Palm Beach, FL 33411

OR

Pay on-line by PayPal/Credit Card
www.cafcipbc.org/annual-friendship-ball
 (additional charges apply)



CAFCI

675 Royal Palm Beach Boulevard • Suite #134 • Royal Palm Beach, FL 33411

www.cafcipbc.org • E-mail: cafcibellsouth.net • Phone: 561.790.4002

A 501(c)(3) Organization - (EIN #65-0965408)

~ INTERNATIONAL SELF CARE DAY ~



International Self-Care Day (ISD), is on the 24th of July each year. IS, provides a focus and opportunity to raise the profile of healthy lifestyle self-care programs around the world.

The ISD Date

The International Self-Care Day, 24 July, symbolizes that the benefits of self-care are experienced 24 hours a day, 7 days a week. In other words, the benefits of self-care are life-long and do not just relate to a single day. ISD on 24 July simply provides a good focus and opportunity to publicize or report on self-care in action programs.

Each year ISF (International Self-Care Foundation) proposes a general theme for International Self-Care Day. For 24 July 2017, the theme was 'Get better with Self-Care'. For 24 July 2018, the theme was 'Feel Good, 7/24'. Since 2019 there has been a choice of themes which can be used as appropriate:

- Self-Care is for Life.
- Get Better with Self-Care
- Treat yourself to better health

2020 is the start of a new decade for self-care, so in addition to previous themes the following can be used:

- Self-Care by all, for all
- The Self-Care 2020's
- Self-care for all. A New Decade

Since 2011 self-care activities linked to ISD have been organized around the world, in countries as far apart as Australia, Bangladesh, Bolivia, Brazil, Canada, China, Iran, Kenya, Mexico, Myanmar, Nepal, South Africa, South Korea, Sri Lanka, Switzerland, Tanzania, the United States, the United Kingdom and Vietnam. Some countries – the UK and Canada – have organized self-care weeks.

ISD-related activities have been focused on youth (e.g. a poster design competition, mob flash dance, and concerts), seniors (community involvement programs, physical examination programs), the general public (public lectures, expert advice, sponsored public walks, football and golf matches, tai chi classes), occupational health, pharmacy (poster campaign, pharmacy manager training), research (on self-care habits and behavior), and the media (media events, newspaper and journal articles).

Source: [International Self-Care Day - ISF \(isfglobal.org\)](http://International Self-Care Day - ISF (isfglobal.org))

~ SUMMER HEAT ~

Summer is here and so is the HEAT!!!

Know when high temperatures may put your health at risk. Pay attention to the forecast regarding heat advisory or extreme heat warnings. Tips to stay safe.

1. Drink water or other fluids to help your body handle heat. Avoid alcohol, sugary drinks and caffeine.
2. Eat easy to digest foods: fruit or salads.
3. Some medications affect your body's ability to deal with heat (high blood pressure, depression, anxiety and antipsychotic meds). Take your meds as prescribed. Discuss concerns with your PMD
4. Take a cool bath/shower; dampen a cloth for a sponge bath to cool your body down.
5. Do outdoor activities when temperatures are lower, usually before 11 am or after 6 pm
6. Take frequent breaks to rest and rehydrate in a shaded or air-conditioned area.
7. Wear loose-fitting, lightweight and light-colored clothing.
8. Wear sunscreen and a hat when you're outdoors.
9. Know where to go if you cannot keep the temperature in your home below or around 80 degrees Fahrenheit (recommend temperature is 78 degrees F). Get to a cool air-conditioned place or shaded area.
10. Wet/dampen your skin with a towel or spray bottle, while using the fan to keep cool. (Fans can become less effective at cooling you down when the temperature is above 95 degrees F.)

Note: For most people, if your urine is light yellow to clear, you are well hydrated. If your urine is dark yellow to amber, you need to drink more.

If you are on fluid restriction, consult your doctor about how much water you should drink when it gets too hot. DO NOT ignore the signs and symptoms when your body is telling you it's too hot.

Heat Exhaustion or Heat Stroke?

Heat Exhaustion: feeling faint or dizzy, excessive sweating; cool, pale, clammy skin; nausea and vomiting, rapid, weak pulse; muscle cramps; headache; confusion.

Heat Stroke: No sweating; body temperature above 103 degrees; red, hot dry skin; nausea and vomiting, rapid strong pulse; may lose consciousness.

- a. Give fluids (water), if fully conscious. **DO NOT** give anything to drink if unconscious.
- b. Call 911
- c. Move to a cooler place and cool down with cool cloths; take a cool shower, use cold compress or give a bath.

Look out for each other and remember to check on your elderly neighbor(s) and your children.

Stay safe and Healthy. Happy Summer to All!

Submitted by Elsa Cameron, Retired RN living in Solivita

Reference: *Harvard Health Publishing*

2023 MEMBERSHIP DUES

(Single - \$60 * Couple - \$100)

Submit your membership dues online at www.cafcipc.org OR

Mail to CAFCI Attention: Lawrence Logan, 675 Royal Palm Beach Boulevard, Suite #134, Royal Palm Beach, FL 33411

MARK YOUR CALENDAR

CAFCI'S EVENTS

Dates are subject to change. Please check the current issue of the NEWS and the website.

Saturday, July 8: **General Membership Meeting ~ Business Awareness**, 7 pm, Hybrid (in person and Zoom)

Saturday, August 12: **General Membership Meeting ~ Membership Appreciation**, 7 pm, Hybrid (in person and Zoom)

Saturday, September 9: **General Membership Meeting**, 7 pm, Hybrid (in person and Zoom)

Saturday, September 16, 2023, 7 pm

CAFCI'S ANNUAL FRIENDSHIP BALL

WEST PALM BEACH MARRIOTT

Saturday, October 14: **General Membership Meeting ~ Games Night**, 7 pm, Location TBA

Saturday, November 11: **General Membership Meeting ~ Board Nominations**, 7 pm, Hybrid (in person and Zoom)

Saturday, December 9: **General Membership Meeting ~ Toys for Tots**, 7 pm, Hybrid (in person and Zoom)

Sunday, December 31: **CAFCI New Year's Eve Gala**, 8 pm, Location TBA

AROUND TOWN

- **Wednesday, July 26th, 4 pm to 8 pm: Palm Beach Summer Business Expo** West Palm Beach at Palm Beach Hilton Airport Hotel, 150 Australian Ave., West Palm Beach. For more information: [Palm Beach Summer Business Expo West Palm Beach Tickets, Palm Beach Hilton Airport Hotel, West Palm Beach, July 26 2023 | AllEvents.in](https://www.palmbeachculture.com/events/palm-beach-summer-business-expo-west-palm-beach-tickets)
- Visit the **Kravis Center** at <https://www.kravis.org/> for upcoming events. If you are interested in joining the CAFCI Group to see performances at the Kravis Center, please text Genieve White at 561.876.4161.
- Visit the **Cultural Council for Palm Beach County** at <https://events.palmbeachculture.com/> for upcoming events and activities.
- For information on what's going on around Wellington, go to AroundWellington.com.
- **Mondays & Fridays, 12 pm to 1 pm: Senior Meal Program** – Royal Palm Beach Recreation Center Senior Games & Activities are held before and after starting at 10:30 am – 2 pm.
- **1st Tuesday of every month, 3:30 pm to 5 pm: FREE Technology Workshops** for Seniors at the Royal Palm Beach Recreation Center.

FLORIDA SALES TAX HOLIDAY

Consumers can purchase qualifying disaster preparedness supplies exempt from tax during the 2023 Disaster Preparedness Sales Tax Holiday. Passed by the Florida Legislature and signed into law by Gov. Ron DeSantis, the next sales tax holiday starts Saturday, August 26 and extends through Friday, September 8. The Department of Revenue created this webpage to provide information and promotional materials for consumers, businesses, and other interested parties. For more information, [Florida Dept. of Revenue - Home \(floridarevenue.com\)](http://FloridaDept.ofRevenue-Home.floridarevenue.com)

CAFCI

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